September 2010

## Message from the president:



Mountain Spirit is 14 years old this year. The organization continued to survive and grew even at most challenging of times. It remained true to its mission of advancing the mountain communities. The mountain development is an uphill battle.

Mountain communities continue to lag behind in developmental opportunities and participation despite the ongoing political change. Therefore, our task remains unfinished. We need to work more strategically and diligently in years to come. While working together, each member must continue to dream and find their own ways to contribute. It members are the core of Mountain Spirit because it is a network of like-minded people dedicated to improving mountain livelihoods, cultures and environment. It is a platform where members could develop camaraderie, learn from each other, and get inspiration to work through MS or one of its many partners to make a difference.

I am pleased to have given the opportunity to serve as President of Mountain Spirit over last two years. During this period, the organization continued to progress. This would not have been possible without the support of the members especially the executive committee, staff, donors and partners. I would like to thank you all

Dr. Lhakpa Norbu Sherpa (PhD) President

# 13th Annual General Assembly Held

The 13th Annual General Assembly of Mountain Spirit was held on 19th September 2009 under the chairmanship of Dr. Lhakpa Norbu Sherpa at Hotel Astoria in Kathmandu. Twenty



one members participated including MS advisors Ms. Chhing Lamu Sherpa and Mr. Ang Phinjo Sherpa. The organizational progress report, auditor's report and annual work plans were presented and endorsed at the assembly.

# Chyangmityang Clinic Handed Over in Presence of MS Germany Members

On the occasion of the 10th Anniversary of Mountain Spirit Deutschland, nine members of the MS Deutschland visited Chyangmityang in November 2009. The group trekked



to Chyangmityang in Solu Khumbu where the MSD supports Health Clinic for the Village. Mr. Phuri Lama, the General Secretary of Mountain Spirit and a local of Chhyangmityang accompanied the guests. The MSD members also observed the handing over of the clinic.

## School Support Project Monitored



Mountain Spirit's Executive members Mr. Nono Lama and Mr. Tsewang Tashi Lama visited Phinjoling Tatne Village in Udayapur to monitor and evaluate the second phase of the school support project. Their report suggested satisfactorily progress of the project.

# Taplejung Organic Vegetable Farming Project

Taplejung Organic
Vegetable Farming
group also received
necessary financial
support from MS
Nepal for developing
and upgrading an
irrigation system to



expand the organic vegetable farming program.



Mountain Spirit member, Mr. Ang Tenji Sherpa conducted an Integrated Pest Management (IPM) training in Taplejung in May, 2010. This training was conducted under the

second phase support to Taplejung Organic Vegetable Farming Project. Thirty-five from the project areas took part in the training.

## Mountain Spirit Nepal met MS Deutschland Executive



On 24 November 2009, Mountain Spirit Nepal's Executive Members met with MS Deutschland's Executives member at their hotel. Representatives from Udayapur School and Helambu Health Post were also present on the occasion and expressed their appreciation to Mountain Spirit Nepal and Deutschland for their support. MS Nepal updated the partners on the ongoing activities and progress being made.

Mr. Maximilian Mildner from Mountain Spirit Deutschland came to Nepal as a volunteer in September 2009. During his stay in Nepal, he visited Chyangmityang Village Clinic and volunteered at the Clinic.

Mountain Spirit Deutschland Coordinator, Ms. Nadin Henzler visited Nepal on September 2009. Ms. Henzler had a meeting with MSN Executive Members and Advisors to discuss future collaborations between the two organizations.

# Executive Director appointed

On 19th September 2009, MS appointed Mr. Ang Phinjo Sherpa as an Executive Director for the MS to oversee the MS-CESVI Project in Sagarmatha National Park and Buffer Zone and other activities. Mr. Sherpa was the founding member of the MS.

# Farewell Program Organized for Dr. Lhakpa Norbu Sherpa



In November 2009, Mountain Spirit and The Mountain Institute organized a joint program to congratulate and farewell MS President Dr.

Lhakpa Norbu Sherpa. Dr. Sherpa received a Fulbright Post-Doctorial Fellowship and left for Yale University, USA for six months research work.

#### Mr. Lhakpa Tenji Lama & Ms Laxmi Gurung

MS members Mr. Lhakpa Tenji Lama and Ms Laxmi Gurung received scholarships from the Government of New Zealand and Mingma Norbu Sherpa memorial scholarship for Master study at



Lincoln University in New Zealand. MS organized a farewell celebration for the two departing members

# MS members participates in the World Conference on Appreciative Inquiry

In November 2009, several members of the MS participated in the World Conference on Appreciative Inquiry held in Hotel Soltee in Kathmandu. Mountain Spirit was also one of the co-organizer of this international event. National and international participants were present in this conference. Ms. Chhing Lamu Sherpa, Mr. Nima Lama and Mr. Lhakpa Tenji Lama attended the conference representing MS.



# Community-based Land & Forest management Project Launched in Sagarmatha National Park

Mountain Spirit in collaboration with CESVI launched a 30 months Community-based Land and Forest Management Project in the Sagarmatha National Park. Necessary preliminary planning meetings arrangements such as project field office establishment, appointment of field staff and initial project activities were completed. The role of MS is to partner to the action while Department of National Parks and Wildlife Conservation (DNPWC) is involved as institutional counterpart of the project. The



other institutional partners are Sagarmatha National Park, SNP Buffer Zone Management Committee and Community Forest Users Groups of the area.

Mr. Tsering Sherpa was appointed as Field Coordinator and Mr. Mingma Tseri Sherpa and Mr. Lakpa Sherpa were selected as Social Mobilizers. They have also become members of the Mountain Spirit.



### About us:

Mountain Spirit is a non-government and non-profit organization registered in 1996 under the laws of Nepal.

The organization is formed by a group of like-minded people from different mountain communities and their friends. The organization aims to improve livelihoods, protect environment and conserve mountain culture through capacity building, empowerment, awareness, and sustainable development initiatives with participation of local communities.

This organization has dedicated the first decade of its work in the areas of health, education, eco-tourism, gender sensitization, social mobilization, participatory planning, conflict resolution, social empowerment and institutional capacity strengthening in different mountains regions of Nepal.

### **Contact us:**

P.O. Box 10185, Kathmandu, Nepal

**Tel:** +977-1-4422390 **Fax:** +977-1-4422390

Email: mountainspirit@wlink.com.np Web: www.mountainspirit.org.np